



Amity AC Soccer Return to Play Policy

Updated 7/30/30

COVID-19 SAFETY & ACTION PLAN

In accordance with guidelines set by the Centers for Disease Control and Eastern Pennsylvania Youth Soccer, our organization, Amity AC Soccer, will return to play the week of August 3rd with the following safety and action plan as well as return to play protocols.

Amity AC Soccer COVID-19 Policy

Training sessions and other club activities will be voluntary. Players, coaches, or family members that are sick should not attend training sessions. Sick players or coaches must quarantine as required by CDC/PA Dept. of Health. Regardless of the illness being COVID related or not, it must be determined by a medical professional, they can only return with a signed note from that medical professional and presented to the players coach.

If a player tests positive for COVID-19, the players' coach should be notified immediately. If a coach test positive for COVID-19, they should notify the Soccer Commissioner and Travel Coordinator. If a member of the team or a team's coach test's positive, all soccer activity will be suspended for 14 days for all members of the team. Families will be notified of a COVID-19 incident, but specific information will not be shared regarding health status out of confidentiality.

If your child is part of a high-risk group (i.e. has pre-existing medical conditions including chronic lung disease, moderate to severe asthma, serious heart conditions, immunodeficiency, diabetes, chronic kidney disease, or liver disease), please consult with your family physician before attending a Amity AC Soccer training session or game.

General Hygiene and Safety Protocols

- Only coaches will handle equipment; training equipment including cones, goals, flags, etc. will be sanitized after each training session
- Coaches will have hand sanitizer available at every training session and games
- Goal keeper gloves will be sanitized before/after games and trainings. Gloves will not be shared or used by more than one player before being disinfected
- Scrimmage vests will be washed after every training session or game
- No shaking hands, high fives, fish bumps, hugs, etc.
- Each player should have their own labeled water bottles
- Each ball sanitized before/after every practice or game.
- Coaches will wear a facemask as per CDS/PA Dept. of Health guidelines at all times
- Players will wear a face mask when not involved in soccer activities or on the bench. For example – players should wear a mask walking from the parking lot to field and again at the conclusion of training session until they return to their car

Practice Scheduling & Player Drop off/Pick Up

- Session start and end times will be staggered as much as possible to limit contact between teams
- Sessions for all travel teams will be scheduled in advance by contacting Brandon Zerr, Travel Coordinator, to confirm field availability at bszerr@yahoo.com
- Parents should plan to drop off their child and immediately return to their car, parents and siblings should not enter the fields unless necessary
- The club will be following the Recommended Field Participation Limits found in Appendix A

COVID Point of Contact

For all Amity AC COVID related policy questions and concerns, please contact the club Commissioner, Randy Walker at haycreekllc@gmail.com

Parent/Guardian Responsibilities

- Comply with Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional club directives or requirements. Make sure to share updates and information with your son or daughter
- No signs of COVID-19 for the player the past 14 days and no known exposure before sending players to training. Sick players must stay at home and follow appropriate health guidelines.
- Take child's temperature before leaving home. A player with a temperature above 100.4 degrees should not attend training or games. Immediately notify players coach of a temperature
- Determine if you want your child to wear a face mask during training
- Sanitize and wash all equipment and uniforms after training
- Pack hand sanitizer and a face mask in your child's bag.
- Comply with social distancing and mask directives including wearing a mask during any time on the soccer field
- Direct your child to never share water, snacks or equipment.
- Notify club and coach should your child becomes ill.
- Do not assist coach or coaches with equipment at the beginning or end of practice.
- Ball goes off touchline or end line allow players or coach to retrieve the ball.
- Parents make the ultimate decision on their child's attendance participation.

Coach Responsibilities

- Comply with Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional club directives or requirements. Make sure to share updates and information with your teams
- No signs of COVID-19 for the coach in the past 14 days and no known exposure before attending trainings or games. Sick coaches must stay at home and follow appropriate health guidelines.
- Collect all forms from participants. Coaches should not allow participation with forms or complete information
- Inquire how players are feeling and send home anyone you believe acts or looks ill.
- Ensure the coach is the only person to handle equipment (e.g. cones, nets, etc.); do not enlist parental or attendee assistance.

- Wear a facemask during the duration of the training
- Comply with social distancing requirements as much as possible and found in Appendix B
- Use hand sanitizer before and after the training
- Coaches will be complete a self-reporting COVID questionnaire prior to each training or game, if any player responses are YES to the symptom questions, the player will be sent home and not allowed to practice that night

Appendix A – Field Participation Limits

The Green Phase limits the number of participants on a soccer field. We will be following the best practice and professional recommendations of no more than 25 participants per field (both halves).

- Field 1: 7v7 – Limit of 16 people per field including coaches
- Field 2: 11v11 – Limit of 25 people per field including coaches
- Field 3: 11v11 – Limit of 25 people per field including coaches
- Field 4: 7v7 – Limit of 16 people per field including coaches
- Field 5: 9v9 – Limit of 20 people per field including coaches



Appendix B – Social Distancing at Training



Appendix C – COVID 19 Common Symptoms Check List and CDC Guidelines

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



Return to Play Policy Acknowledgement Form

- I acknowledge that I have read, fully understand and agree to comply with the Amity AC Soccer Return to Play Policy and COVID-19 Safety Action Plan
- Parents – I acknowledge that my child is voluntarily returning to club activities and I will fulfill the duties outlined in the Parent Responsibilities section of the Return to Play Policy. I also immediately acknowledge that I will notify my players coach in the event of a positive COVID-19 case by the player or a member of the household or if the player has come in contact with anyone testing positive for COVID-19
- Coaches – I acknowledge that I am voluntarily returning to club activities and I will fulfill the duties outlined in the Coach Responsibilities section of the Return to Play Policy. I also acknowledge that I will immediately notify the Soccer Commissioner and Travel Coordinator in the event myself or member of my household tests positive or comes in contact with someone testing positive for COVID-19

Parent/Coaches

Name: _____

Signature: _____

Date: _____

Team Information

Players Name: _____

Age Group: _____

Team Coach: _____